



Introduction to Child and Adolescent Psychoanalytic Theory and Technique: Developments in Therapy Informed by Evolving Models of the Child's Mind

Instructors: Horacio Hojman, MD & David Levoy, MD

Week I. Part I, Diversity of theories, theories of diversity

Required Readings:

Gomberg, R. Introductory lecture for the fellowship. [Download from the [Reading folder](#) or request from library@bpsi.org].

Pine, F. (1988). The four psychologies of psychoanalysis and their place in clinical work. *Journal of the American Psychoanalytic Association*, 36, 571-596. [PEP Web Link](#)

Optional:

Holmes, J. (1998). The changing aims of psychoanalytic psychotherapy: An integrative perspective. *International Journal of Psycho-Analysis*, 79, 227-240. [PEP Web Link](#)

Cooper, A. M. (1985). A historical review of psychoanalytic paradigms. In A. Rothstein (Ed.), *Models of the mind: Their relationship to clinical work* (pp. 5-20). International Universities Press. [Download from the [Reading folder](#) or request from library@bpsi.org].

Westen, D. (2002). The language of psychoanalytic discourse. *Psychoanalytic Dialogues*, 12(6), 857-898. [PEP Web Link](#)

Objective: At the conclusion of this session, fellows will be able to describe the four major models of the mind in psychoanalytic psychotherapy.

Week II. Part II, Diversity of theories, theories of diversity

Required Readings:

Hart, A. (2017). From multicultural competence to radical openness: A psychoanalytic engagement of otherness. *The American Psychoanalyst*, 51(1). [Linked here](#).

Stoute, B. J. (2019). Racial socialization and thwarted mentalization: Psychoanalytic reflections from the lived experience of James Baldwin's America. *American Imago*, 76(3), 335-357. [Download from the [Reading folder](#) or request from library@bpsi.org].

Optional:

Barkai, A. R. (2017). Troubling gender or engendering trouble? The problem with gender dysphoria in psychoanalysis. *Psychoanalytic Review*, 104(1), 1-32. [PEP Web Link](#)

Young-Bruehl, E. (2009). Childism—prejudice against children. *Contemporary Psychoanalysis*, 45(2), 251-265. [PEP Web Link](#)

Objective: At the conclusion of this session, fellows will be able to describe the differences between two approaches to diversity: the pitfalls of a “cultural competence” approach and the advantages of a relational “radical openness” approach (as per Anton Hart).

Week III. Classical Approaches, Transference, Countertransference and Play

Required Readings:

Salomonsson, M. W. (1997). Transference in child analysis: A comparative reading of Anna Freud and Melanie Klein. *Scandinavian Psychoanalytic Review*, 20(1), 1-19. [PEP Web Link](#)

Bonovitz, C. (2009). Countertransference in child psychoanalytic psychotherapy: The emergence of the analyst's childhood. *Psychoanalytic Psychology*, 26(3), 235-245. [PEP Web Link](#)

Ablon, S. L. (2001). The work of transformation: Changes in technique since Anna Freud's Normality and pathology in childhood. *Psychoanalytic Study of the Child*, 56, 27-38. [PEP Web Link](#)

Optional:

Neely, C. (2020). The developmental object and therapeutic action. *Psychoanalytic Study of the Child*, 73(1), 109-118. [Download from the [Reading folder](#) or request from library@bpsl.org].

Objective: At the conclusion of this session, fellows will be able to describe Klein's versus Anna Freud's views on children's transference and the role of depth interpretation versus defense interpretation.

Week IV. Winnicott, Holding, Play, Not Knowing, and Transitional Space

Required Readings:

Modell, A. H. (1985). The works of Winnicott and the evolution of his thought. *Journal of the American Psychoanalytic Association*, 33S(Supplement), 113-137. [PEP Web Link](#)

Winnicott, D. W. (1968). Playing: Its theoretical status in the clinical situation. *International Journal of Psycho-Analysis*, 49, 591-599. [PEP Web Link](#)

Ablon, S. L. (2000). "Where work is play for mortal takes": The good hour in child analysis. *Psychoanalytic Study of the Child*, 55, 113-123. [PEP Web Link](#)

Optional:

Winnicott, D. W. (1969). The use of an object. *International Journal of Psycho-Analysis*, 50, 711-716. [PEP Web Link](#)

Winnicott, D. W. (1960). The theory of the parent-infant relationship. *International Journal of Psycho-Analysis*, 41, 585-595. [PEP Web Link](#)

Objective: At the conclusion of this session, fellows will be able to describe Winnicott's concepts of transitional phenomena and the use of play.

Week V. Contemporary Ego/Defense and Object Relations Approaches

Required Readings:

Anderson, R. (2004). Developments in technique in Kleinian child psychoanalysis. In L. Rodriguez de la Sierra (Ed.), *Child analysis today* (pp. 15-28). Karnac Books. [Download from the [Reading folder](#) or request from library@bpsl.org].

Hoffman, L. (2007). Do children get better when we interpret their defenses against painful feelings? *Psychoanalytic Study of the Child*, 62, 291-313. [PEP Web Link](#)

Optional:

Hoffman, L. (1989). The psychoanalytic process and the development of insight in child analysis: A case study. *Psychoanalytic Quarterly*, 58, 63-80. [PEP Web Link](#)

Mitchell, S. A., & Black, M. J. (1995). Melanie Klein and contemporary Kleinian theory. *Freud and beyond: A history of modern psychoanalytic thought* (pp. 85-111). Basic Books. [Download from the [Reading folder](#) or request from library@bpsl.org].

Objective: At the conclusion of this session, fellows will be able to identify one example of a defense interpretation against painful affect in therapy with a child.

Week VI. Bion, Containing, Processing

Required Readings:

Brown, L. J. (2009). Bion's ego psychology: Implications for an intersubjective view of psychic structure. *Psychoanalytic Quarterly*, 78(1), 27-55. [PEP Web Link](#)

Korbivcher, C. F. (2005). The theory of transformations and autistic states: Autistic transformations: A proposal. *International Journal of Psycho-Analysis*, 86(6), 1595-

1610. [PEP Web Link](#)

Optional:

Brown, L. J. (2013). The development of Bion's concept of container and contained. In H. B. Levine & L. J. Brown (Eds.), *Growth and turbulence in the container/contained: Bion's continuing legacy* (pp. 7-22). Routledge. [Download from the [Reading folder](#) or request from library@bpsl.org].

Objective: At the conclusion of this session, fellows will be able to discuss Bion's concept of therapeutic containment.

Week VII. Relational Theory and Technique

Required Readings:

Frankel, J. B. (1998). The play's the thing how the essential processes of therapy are seen most clearly in child therapy. *Psychoanalytic Dialogues*, 8(1), 149-182. [PEP Web Link](#)

Altman, N. (1994). A perspective on child psychoanalysis 1994: The recognition of relational theory and technique in child treatment. *Psychoanalytic Psychology*, 11(3), 383-395. [PEP Web Link](#)

Optional:

Frankel, J. (2011). The analytic state of consciousness as a form of play and a foundational transference. *International Journal of Psycho-Analysis*, 92(6), 1411-1436. [PEP Web Link](#)

Objective: At the conclusion of this session, fellows will be able to explain the relational approach to action in the therapy.

Week VIII. Attachment and Mentalization

Required Readings:

Slade, A. (1999). Representation, symbolization, and affect regulation in the concomitant treatment of a mother and child: Attachment theory and child psychotherapy. *Psychoanalytic Inquiry*, 19(5), 797-830. [PEP Web Link](#)

Fonagy, P., & Target, M. (1996). Playing with reality: I. Theory of mind and the normal development of psychic reality. *International Journal of Psycho-Analysis*, 77, 217-233. [PEP Web Link](#)

Optional:

Fonagy, P., & Target, M. (1998). Mentalization and the changing aims of child psychoanalysis. *Psychoanalytic Dialogues*, 8(1), 87-114. [PEP Web Link](#)

Barish, K. (2006). On the role of reparative processes in childhood: Pathological development and therapeutic change. *Journal of Infant, Child & Adolescent Psychotherapy*, 5(1), 92-110. [PEP Web Link](#)

Slade, A. (2008). The move from categories to process: Attachment phenomena and clinical evaluation. *Attachment: New Directions in Psychotherapy and Relational Psychoanalysis*, 2(1), 89-105. [PEP Web Link](#)

Slade, A. (2000). The development and organization of attachment: Implications for psychoanalysis. *Journal of the American Psychoanalytic Association*, 48(4), 1147-1174. [PEP Web Link](#)

Objective: At the conclusion of this session, fellows will be able to identify mentalizing versus psychic equivalence modes of relating to reality.

Week IX. Other Developmental Approaches

Required Readings:

Harrison, A. M., & Tronick, E. Z. (2007). Contributions to understanding therapeutic change: Now we have a playground. *Journal of the American Psychoanalytic Association*, 55(3), 853-874. [PEP Web Link](#)

Stern, D. N. (1985). Part I: The questions and their background. In *The interpersonal world of the infant: A view from psychoanalysis and developmental psychology* (Chapters 1-2, pp. 3-34). Basic Books. [Download from the [Reading folder](#) or request from library@bpsl.org].

Optional:

Stern, D. N. (1988). Affect in the context of the infant's lived experience: Some considerations. *International Journal of Psycho-Analysis*, 69, 233-238. [PEP Web Link](#)

The Boston Change Process Study Group (BCPSG). (1998). Non-interpretive mechanisms in psychoanalytic therapy: The 'something more' than interpretation. *International Journal of Psycho-Analysis*, 79, 903-921. [PEP Web Link](#)

Stern, D. N. (1988). The dialectic between the "interpersonal" and the "intrapsychic": With particular emphasis on the role of memory and representation. *Psychoanalytic Inquiry*, 8(4), 505-512. [PEP Web Link](#)

Objective: At the conclusion of this session, fellows will be able to list Daniel Stern's Four Senses of Self.

Week X. Working with Parents

Required Readings:

Novick, J., & Novick, K. K. (2000). Parent work in analysis: Children, adolescents, and adults: Part one: The evaluation phase. *Journal of Infant, Child & Adolescent Psychotherapy*, 1(4), 55-77. [PEP Web Link](#)

Chethik, M. (2000). Part II Work with parents: Introduction and Parent guidance and transference parenting. In *Techniques of child therapy, psychodynamic strategies* (2nd ed., pp. 61-80). The Guildford Press. [Download from the [Reading folder](#) or request from library@bpsi.org].

Optional:

Novick, K. K., & Novick, J. (2002). Parent work in analysis II—Children, adolescents, and adults: Recommendation, beginning, and middle phases of treatment. *Journal of Infant, Child & Adolescent Psychotherapy*, 2(1), 1-27. [PEP Web Link](#)

Chethik, M. (2000). Treatment of the parent-child relationship. In *Techniques of child therapy, psychodynamic strategies* (2nd ed., pp. 81-91). The Guildford Press [Download from the [Reading folder](#) or request from library@bpsi.org].

Objective: At the conclusion of this session, fellows will be able to describe the role of parent work in child psychoanalytic therapy.